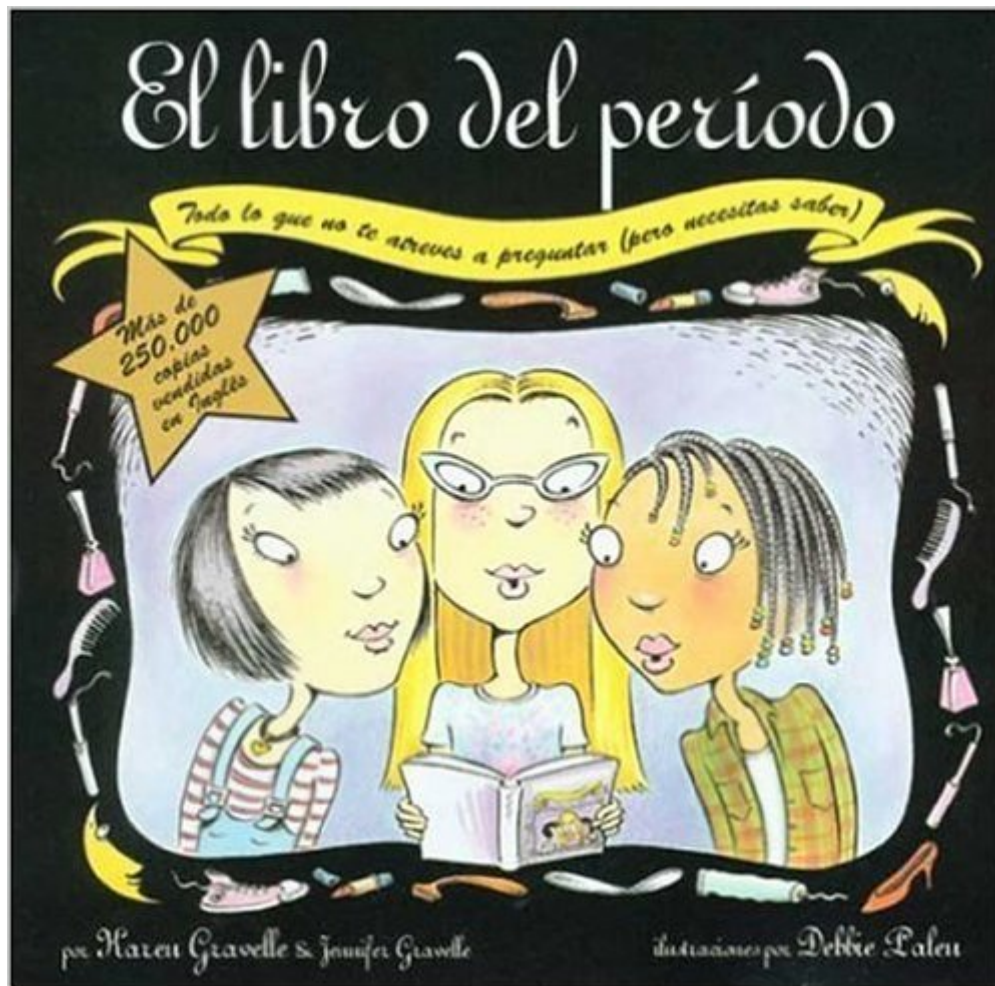


The book was found

El Libro Del Periodo (Spanish Edition)



Synopsis

What is my period exactly? Do I need to see a doctor? What does it feel like to wear a pad? What if I get my period at school? Karen Gravelle and her fifteen-year-old niece, Jennifer Gravelle, have written a down-to-earth and practical book that answers any questions you might have about your period, from what it is and what it feels like, to how to choose pads and tampons, to how to talk to your parents about it. The Period Book will help guide you through all the physical, emotional, and social changes that come with your period, as well as related issues like dealing with pimples, mood swings, and new expectations from friends and family. Debbie Palen's funny and sympathetic cartoons ease the confusion and exasperation you might feel, and celebrate the new sense of power and maturity that your period can bring. Perfect for sharing, The Period Book is a trusty friend that can help you feel happy and confident about this new phase of your life.

Book Information

Age Range: 8 - 12 years

Paperback: 117 pages

Publisher: Walker Childrens (March 1, 2003)

Language: Spanish

ISBN-10: 0802776507

ISBN-13: 978-0802776501

Product Dimensions: 7.2 x 0.4 x 7.1 inches

Shipping Weight: 7 ounces

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #2,088,129 in Books (See Top 100 in Books) #110 in [Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality](#) #127 in [Books > Children's Books > Growing Up & Facts of Life > Health > Maturing](#) #467 in [Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse](#)

Customer Reviews

I felt SO misled by the positive reviews already posted here that I thought appropriate to warn mothers of young girls or "tweens". This book is NOT the book you are looking for. Find the American Girl book on this subject and you will be so impressed and pleased with the beautiful way it handles this subject. Your little girls will become so confident and feel secure about the changes, rather than worried and confused by the inappropriate material that is in this book. For instance, this book tells you that you can get pregnant if sperm is on a finger and it is put "inside of you". This is

absolutely ridiculous in a book they are recommending to nine year olds to learn about growing up, emotions, body changes and starting menstruation! (As if getting pregnant is the only troublesome aspect if someone is "placing a finger with sperm" in them at their ages?) The title of this book, "The Period Book", is SO misleading, and would cause many to believe it is a book for young girls learning about the changes coming to their bodies and why they happen. It is not, and the material in this book would be more for older teenagers or young women who have made the choice to have sexual intercourse, wants birth control, etc. Read it, word for word before handing it to your young daughters! This book should be called the Sexual Intercourse book as covers that topic far more than "periods". This author has written supernatural and horoscope books before, and other odd titles and how does that even qualify her to write about such a topic regarding OUR kids and a company like to even carry it? She actually states she is qualified because she has a 14 year old niece?! Give me a break!

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