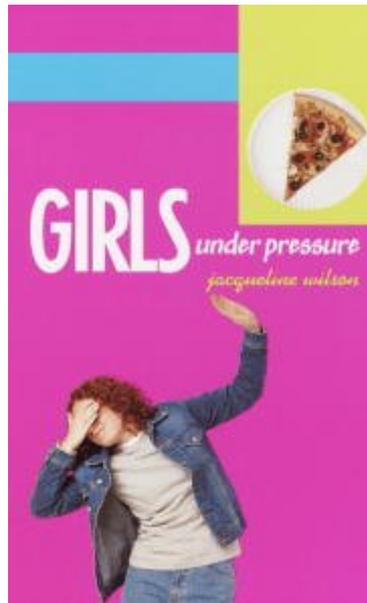


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# Girls Under Pressure (Girls Quartet, Book 2)



## Synopsis

Ellie thinks she looks awful. Horrible. FAT. Her best friends are both drop-dead gorgeous and Ellie's sick of being the ugly duckling. So she goes on a diet. And she even starts to exercise, much to her friends' and her gym teacher's amazement. Ellie's hungry all the time, she works out every spare second, and she's turned into a grouchy meanie. But if her friends don't want to deal with the new and improved Ellie, that's their problem. It's better to be thin than happy. Isn't it? From the Paperback edition.

## Book Information

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## Customer Reviews

When Ellie comes up with the idea to go shopping for Christmas presents at the mall she doesn't realize there's a model search going on. Soon her two best friends (Magda and Nadine) are dragging her along so they can try out. The only problem? All the girls are so skinny and perfect and Ellie is fat (in her opinion) and not perfect. Soon Ellie begins to stop eating, and starts throwing up when she does eat. But with the help of a friend (Zoe), who's anorexic and begins slowly killing herself, Ellie realizes that being thin doesn't mean anything, it's what's on the inside that counts. This

is a great book, and I recommend it to all fans of books such as "The Princess Diaries" and "Angus, Thongs, and Full Frontal Snogging".

I think Jacqueline Wilson is the best author!! She writes abfab books, she soooo knows what a teenager is thinking and she's thinking our era not her era! I would defenitly give Girls Under Pressure 5 stars!!!!Ellie, Magda and Nadine are just your typical teenagers! Boymania!!! They stick together in any situation and thats where Jacqueline Wilson has got it totally correct!! think Ellie goes through all the typical teenage things like thinking shes the only one who doesn't have a boyfriend and thinking shes fat and all the rest!! think Nadine goes through the typical teenage thing of thinking you can handle having a boyfriend older than you... so she thinks she can go all the way with him because she is so mature! But really Liam (her boyfriend) is just pushing her to go with him, she isn't doing it because wants to!And Magda... well... magda is the mate who knows all the style tips and has all the hot gossip about everyone plus she has a crowd of lads with her all the time lol! You need magda in a disaster situation (with your hair or make up)! hope you go out and buy it cos i know i have! :)

I would recommend this book to all Jacqueline Wilson fans and anyone who likes books with a moral and a real-life problem in it because it is about a girl who wants to lose weight but her friend has done that and now has anorexia because of it and has too go into hospital when she collapses in the Christmas holidays at her dad's batch.

First off, let me admit that I am a true blue Jacqueline Wilson fan and have been one ever since I read Elsa Star of the Shelter. I have read books 1-3 of the "Girls" quartet. While books 1 and 3 have a more Georgia Nicholson feel (heroine of Angus, Thongs, and Full Frontal Snogging and 3 other books), meaning they're full of amusing Brit slang and the adventures of 3 Brit teens, this book, #2, is far more serious. Wilson evidently understands the societal and familial pressures that can cause young people to fall into the anorexia/bulimia trap, but she avoids the oversimplification one usually encounters in books about the subject, i.e., that it's a control issue, that the victims are stressed perfectionists, etc. Wilson details main character Ellie's descent into starvation with far greater empathy and demonstrates the complexity of causative factors quite well. The other 2 teens, Magda and Nadine, are not mere supporting characters in Ellie's drama; each has her own experiences which reflect some of the pitfalls into which teens can fall. Magda experiences the horror of being viewed as a "slag" (or slut for us Americans) because of her beauty and distinctive sense of fashion.

Nadine joins a modeling competition and sacrifices her goth style on the alter of conventional American beauty only to find she would have done better to have remained true to herself. I would highly recommend the quartet and this book in particular to sensitive, intelligent girls ages 12 and up. I can't wait to read *Girls in Tears*, the final book in the quartet.

The book "Girls Under Pressure" was a good book. It was a book about a girl named Ellie. Ellie has a brother named Eggs her dad and a step mom named Anna. She has two best friends, Magda and Nadine. Ellie thinks she is fat and goes on a diet. But this isn't just an ordinary diet where only nutritional food allowed, Ellie stops eating completely. But occasionally when she forgets and ends up stuffing herself, she runs to the nearest bathroom and makes herself throw-up by shoving two fingers down her throat. Magda is obsessed with boys and is the wealthiest out of the three, plus she's an only child. Nadine is the thinnest out of the three and she tries out to be the model on the cover of a magazine, she has a younger sister named Natasha that she can't stand to be around. This book relates to some girls, because some girls think of themselves as fat and end up starving themselves and turning anorexic or bulimic. I would recommend this book because it can help people, especially if they think they're fat.

I read all four books in order, and liked them all. There is a fair bit of repetition so that each book would stand alone if you didn't read them in order. They're still good as a series though. I thought Wilson did a good job of the treatment of eating disorders. Don't want to write too much and spoil it for anyone who's not read them! Do read them all!

I was recommended this book by a friend and was assured it was so good I bought it myself. This was a brilliant idea! In some places I cried and in others I laughed. Ellie decides to go on a diet while Nadine is so very close to becoming a model. There is so much crammed into one 205 page book. There's friendship, jealousy, tears, laughter and so much more! This is another fine example of Jacqueline Wilson's witty talent. I thoroughly enjoyed it and recommend it to anyone who appreciates fine, English literature. Happy Reading!

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