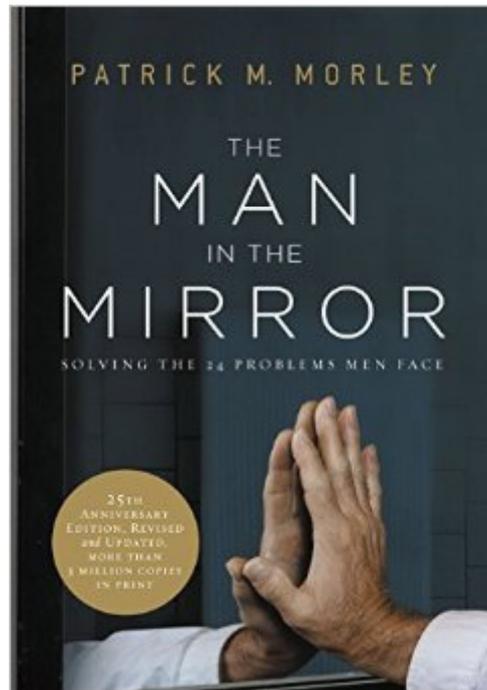


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# The Man In The Mirror: Solving The 24 Problems Men Face



## Synopsis

The Man in the Mirror has established itself as a cornerstone in men's literature since its 1989 release. Winner of the prestigious Gold Medallion Award and appearing on the bestseller list eighteen times, it has helped thousands of men understand the person who stares back at them from the glass each morning and know what to do about his twenty-four most difficult problems. Written by a foremost Christian men's leader, this powerful book invites men to take a probing look at their identities, relationships, finances, time, temperament, and most important, the means to bring about lasting change. If life's demands are constantly pressuring you to run faster and jump higher, this book is for you. Rich in anecdotes, thought-provoking questions, biblical insights, and featuring focus questions in each chapter suitable for personal or group use, The Man in the Mirror offers a penetrating, pragmatic, and life-changing look at how to trade the rat race for the rewards of godly manhood.

## Book Information

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## Customer Reviews

While Morley's book is hardly the kind for intellectuals and those who desire Tozer, Murray, and other deeper-life writers, the title is a good read for those who wish to be grounded in the basics of Christianity. Since each chapter is around 10 pages and covers a wide variety of topics, the book is appropriate for a small men's group or for your own personal reading. Among the topics Morley covers are: 1. God has a purpose for your life and a direction He wants you to go. 2. Principles for redefining what we need for job contentment. 3. We fear because we do not fully trust God. 4. Depend on God or you will be miserable! 5. No secrets are kept from God - He knows everything

about us.<sup>6</sup> We can have a victorious thought life if we allow the Holy Spirit to have control in our lives.<sup>7</sup> Guidelines for dealing with anger.<sup>8</sup> Success at the office is not worth sacrificing important relationships. As mentioned earlier, the book is tailored more towards those who wish to be grounded in the basics of Christianity. However, those of us who are more mature Christians do occasionally have the need to be reminded of the basics lest we let arrogance get the best of us. All in all, a good and recommended read.

Wow--this should be required reading for every young man (I've given a copy to both of my college-aged sons.) Had I read it in my twenties, I sense I could have avoided (or at least better understood) some of my struggles with issues such as relationships, my career, anger, and so on. I don't mean to make this sound over the top, but honestly, this book spoke to me in a way no other book has (I've read everyone from Scott Peck and Wayne W. Dyer to Philip Yancey and C.S. Lewis). I can only tell you that, to me, "Man in the Mirror" is among the clearest, most profound "life thinking" I have ever read.

I think the basis of a lot of this book is good. Obviously it has a great foundation in Biblical principles. I definitely agree that the 24 problems are 100% problems that men face and it is one of the reasons that I found myself picking it up. At many points in the book, I found myself shaking my head "yes, yes, yes" and then get to a point where I start thinking "hmmm, no". I have read several of Morley's books and listened to his MIM podcast quite a bit and some of his personal views and interpretations in my view are just a bit off base. I am a devout Christian so we are on the same page there, but some of Morley's observations just rubbed me the wrong way. One example is the chapter on fear. He claims that Christ felt no fear in the garden of Gethsemane. This might be a matter of semantics but he takes a hard-line that Christ in no way felt fear. First of all, Christ dropped to his knees and begged God to pass the cup from him as He literally sweat blood. Do I think Christ was afraid? He could have been. He was human and He was sweating blood. I don't think He was consumed by fear. I also could be wrong and he could have not been afraid. But based on what the Bible says, I think the evidence at best could go either way. I just don't think an author should take a hard-line stance on what Christ was feeling to make a shaky point. I would say that overall, the problems themselves are a good view on everything that a man will face in our world today. Morley has good advice on a lot of points. As I said, I not only found myself scratching my head during this book, but do so in his other books as well as his talks. We are using this book for our men's group and the material is good, but we often have a lot of debate on his viewpoints. If

anything, I think it's good to get a variety of perspectives.

It's been a long time since I've read a book that is honest, biblical, practical, and pulls no punches in dealing with the daily struggles that men face. Morley has done a wonderful job in each of these short chapters of facing tough issues head-on. In the book, you will find honest and frank discussions of the following topics: Relationships with family, relationships with friends, dealing with anger, our attitudes at the workplace, finances, our thought lives, and much more. Each chapter has questions for consideration (or discussion if the book is used in group study). R. C. Sproul says in the book's introduction that the book should be read by the wife after the husband has read it, but don't let the wife read it BEFORE the husband! Read it, men, and you'll know why. This book is essential for men who want to grow spiritually.

The Man In The Mirror was a very moving and revealing book that hits the heart of all men who would take the time to read it. Patrick Morley has hit the nail on the head when it comes to dealing with men's issues and how they relate to God. I was moved closer to God by reading this book and feel any man who is earnestly seeking God's will for his life or trying to find a meaning to his life, will have the tools from this book to do so. I am encouraged to find another man who has the guts to tell it like it is! Praise be to God for Patrick Morley and his book. I pray all men will take the time to read it and be changed.....in a good way!

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