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Vegan Spring Rolls & Summer Rolls: 50 Delicious Vegan Spring Roll Recipes And Summer Roll Recipes (Veganized Recipes Book 10)



Synopsis

Crunchy and exceedingly delicious, spring rolls can be eaten as a light snack or as a refreshing appetizer. A spring roll is a traditional Asian dish, which is made with a thin round dough sheet with a variety of fillings rolled inside. The roll is then deep fried in oil. However, a healthier version is baking it in the oven. All spring rolls are typically served with a dipping sauce. Another variant of the spring roll is the summer roll, also called a fresh spring roll or a salad roll. This roll isn't fried or baked, but eaten with a delicious combination of raw vegetables wrapped in a rice paper wrapper. The crunch in these summer rolls comes from the vegetables rather than the wrapper. Summer rolls are a favorite among many vegans. In this recipe book you'll find all kinds of delicious spring rolls, from fried and baked to super healthy fresh ones. Many recipes also contain their own dipping sauce which makes them even more delicious. Tags: vegan spring roll recipes, vegan spring roll cookbook, vegan spring roll recipe book, vegetarian spring roll recipes, vegetarian spring roll cookbook, vegetarian spring roll recipe book, fresh spring roll recipes, fresh spring roll cookbook, fresh spring roll recipe book, salad roll recipes, salad roll cookbook, plant based spring roll recipes, plant based spring roll cookbook, summer roll recipes, summer roll recipe book, summer roll cookbook, vegan dimsum recipes, vegan dimsum cookbook, vegan dimsum recipe book, vegan diet, vegan recipe book, vegan cookbook, vegan recipes, raw vegan recipes, raw vegan cookbook, plant based cookbooks, plant based diet, plant based diet cookbooks, plant based diet recipes, plant based recipes, plant based recipe book, plant based eating, plant based cooking, whole food plant based diet, whole food plant based cookbook, vegetarian cookbooks, vegetarian recipes, vegetarian recipe books, vegetarian cooking, vegan egg roll recipes.

Book Information

File Size: 2019 KB

Print Length: 119 pages

Simultaneous Device Usage: Unlimited

Publisher: Otherworld Publishing (March 22, 2015)

Publication Date: March 22, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B00V3KKFE2

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #580,575 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23

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