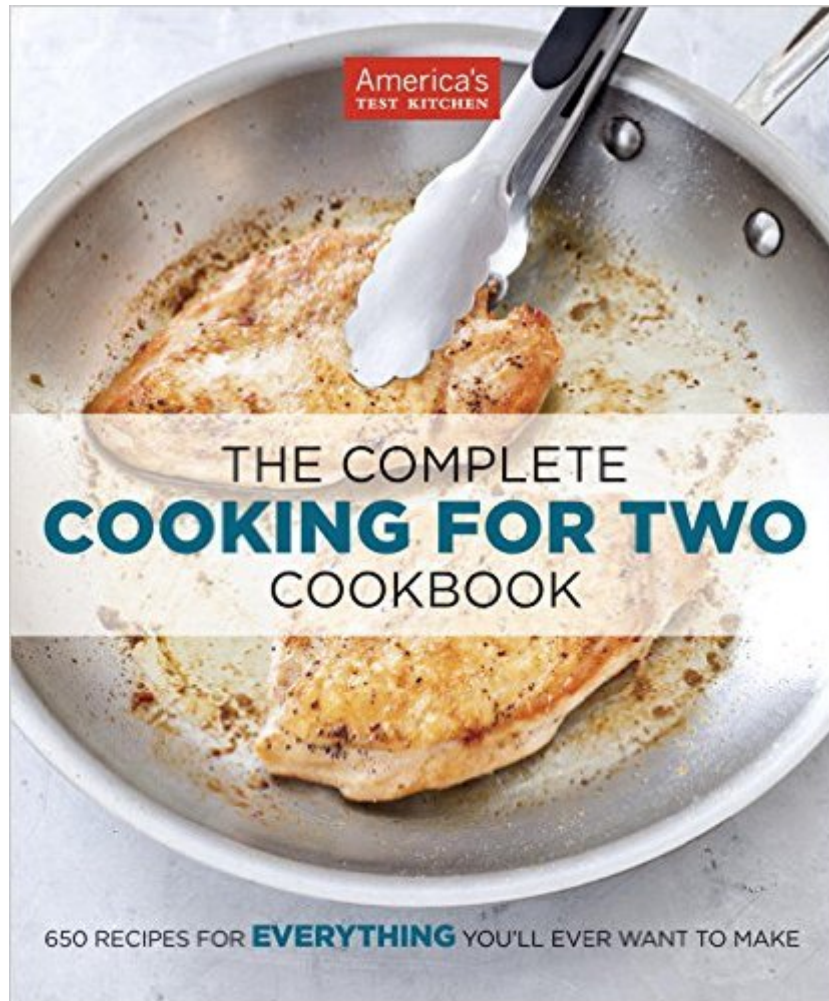


The book was found

The Complete Cooking For Two Cookbook



Synopsis

650 Recipes for **EVERYTHING** You'll Ever Want to Make. Because smaller families shouldn't have to rely on recipes built for four or six, America's Test Kitchen has reengineered 650 of our best recipes to serve just two. Over the years we've discovered that scaling down a recipe isn't as simple as cutting the ingredients in half — cooking times, temperatures, and equipment need to be adapted as well. This comprehensive cookbook takes the guesswork out of cooking for two so you can be sure that anything you want to make — from Classic Beef Stew to Lasagna to a mini batch of Fudgy Brownies or a Fluffy Yellow Layer Cake — will come out right (and perfectly proportioned) every time. We'll also give you options when you're short on time. 150 recipes, including Chicken Saltimbocca and Pan-Seared Rib-Eye Steaks with Sweet-Tart Red Wine Sauce, can be on the table in 30 minutes or less. For those times when you want healthier fare, we've provided more than 100 recipes labeled "Light" such as Provencal Vegetable Soup and Poached Shrimp Salad with Avocado and Grapefruit, each with nutritional information listed in an easy-to-read chart in the back of the book. And we include chapters on for-two slow cooking, grilling, and baking pies, quick breads, cakes, and cookies. A 25-page manual teaches the basics of cooking for two, including clever shopping strategies to reduce waste, smart storage tricks help extend freshness of key ingredients, and our picks for the most useful kitchen equipment for any two-person household.

Book Information

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Customer Reviews

I see so many reviewers have gone into great depth to describe all the wonderful features of this outstanding Complete Cooking For Two Cookbook. I join them in singing their praises! As a Cook's Illustrated junky who has been following Cook's and Chris Kimball since they began in the early

90's, (and have probably 20 of their books), I consider this book one of my very favorites! They took some of the very best recipes and scaled them down for two. Perfect! I usually end up cooking more than we need. I guess years of cooking for a family of four has wired my brain that way, so this book is a real helper since there is now just two of us. We have certainly enough to eat and a little more by the standard portions for two in this book, and have enjoyed many excellent recipes. The book has so many great useful features. One that I especially love and find extremely useful is the recipe tagging symbol system for "Light" and "Fast" recipes. Some recipes are both light and fast as well. "Light" symbol has a yellowish color and "Fast" has a red color. If you just thumb through the book you will see the symbols next to some of the recipe titles which qualify. Or, you can look in the back to the Table of Contents where you will see the colored symbols next to the titles as well. So,...if you are in a hurry and want to find something "Fast AND Light" for dinner that night, you can simply take a quick trip to the Table of Contents and find those recipe choices quickly by the colored tags. I like the way Cook's set the book up with the mix of light, fast, light and fast, and the more "sinful" recipes together in each section verses separating the categories into separate sections.

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