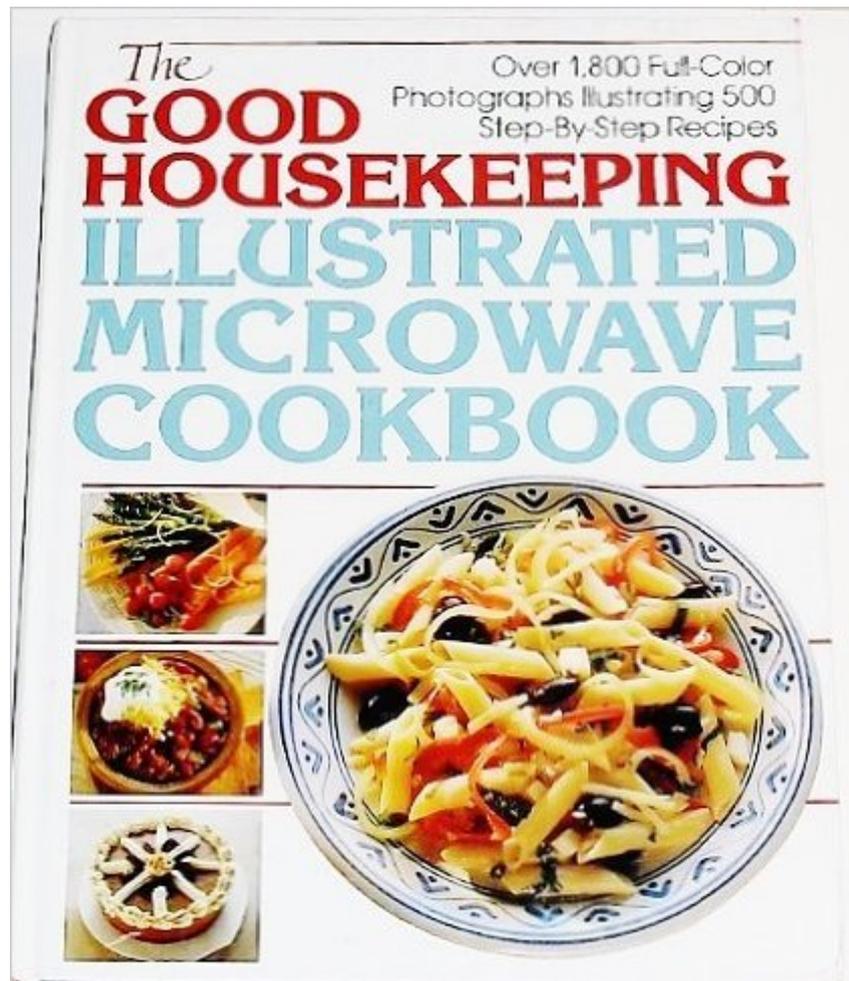


The book was found

The Good Housekeeping Illustrated Microwave Cookbook



Synopsis

Step-by-step instructions for more than 500 recipes, charts of cooking times, menus for all occasions, and nutritional data abound in this indispensable volume. Author tour. Full color. 1,500 photographs. Size D. 100,000 print.

Book Information

Hardcover: 400 pages

Publisher: Hearst Books; 1st edition (November 1989)

Language: English

ISBN-10: 0688084737

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Product Dimensions: 1 x 8.8 x 11.2 inches

Shipping Weight: 3.3 pounds

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #322,029 in Books (See Top 100 in Books) #33 in [Books > Cookbooks, Food & Wine > Cooking Methods > Microwave Cooking](#)

Customer Reviews

The 1990 edition of this book features 1800+ color photographs, which--dispersed over 400 pages--is a lot. With all the well-prepared photographs, you'll never be confused about a utensil, dish, or cooking process being described. Among the many sections of the book, the notable ones include:

- * Microwave Know-How - This informative section has pages on microwave features and anatomy, suitable microwave cookware, effects of microwaving on foods, arrangement, covering, and browning techniques, microwave care, and other tips.
- * The Color Index - This abridged photographic reference includes a photo and short description for each of the numerous key recipes, with about 7 entries per page. If you don't know what to cook, you can quickly flip through these 71 pages to find a dish that looks interesting.
- * Appetizers, Soups, Eggs/Cheese, Fish/Shellfish, Poultry, Meat, Vegetables/Salads, Pasta/Grains/Nuts, Breads/Sandwiches, Fruits/Desserts, Cakes/Cookies/Candies, Pies/Tarts, Preserves/Sauces - The bulk of the book--the 500+ recipes--is divided into these 13 sections. In addition to the ingredients and procedures, almost all recipes include information on the serving count, calorie count, preparation time, and which vitamins and minerals are abundant in the dish. Most recipes also have step-by-step photographs or an image of the finished product. Some recipes have tables that provide cooking information for different serving amounts.
- * The Index - This lets you search recipes by title or

ingredient. The Good Housekeeping Illustrated Microwave Cookbook is a great reference book for both recipes and information on microwave cooking.

This is the best microwave cookbook. You search pictures to decide what meals to cook. They are categorized by time, so on workdays you can pick meals that take less time to cook. I find it much easier to plan a menu looking at pictures than trying to read through pages of recipes. The meals are awesome! (Try the Pork Jambalaya - you'll fall in love!)

This is the best microwave cook book I have seen. Makes best use of the microwave without trying to use it for things that are better done in traditional ways. It tells you when to use traditional methods for some parts of recipes. Has suggestions for adapting traditional recipes to cook in the microwave. Blends microwave and traditional cooking to best results. Some of the features: Color pictures of every finished recipe presented beautifully. Best Microwave know-how I have seen including appropriate cookware. Step by step instructions. Some recipes have options for 4, 2, or 1 servings. Twenty-five menu plans for delicious meals, some quick, Party, outdoor, some for entertaining or celebrating, including step by step, day by day, hour, and minute schedule, to complete the meal and have everything ready when you want to serve it... It tells you which things to do ahead, and when to start each recipe, where each recipe is in the book, in an orderly way. Includes cooking guides for various veggies and fruits. This book is one of the most useful & practical cook books I have. The pictures are eye-candy, that demonstrates beautiful presentation ideas as well. I wouldn't be without it!

This is one of the most valuable cookbooks I own, along with a small assortment of other microwave cookbooks, for one reason: Southern California. If you've ever lived here, you know how hot it gets in the summer. If not, I envy you. When the weather turns here, cooking traditionally becomes untenable, as the heat in the kitchen builds up, spills out, and fills the house. With the microwave, on the nights we can tolerate warm food, we can produce quality meals in about a fourth of the time with very little heat loss. This cookbook, like my others, was written with low wattage microwaves. I happen to own a 750W myself, but if you own a higher wattage, just remember to scale down the power based on your wattage. These recipes were crafted around 700W so I just go full power but if you have a 1000W, take it down to 70%, and so on. As to what makes this great, Good Housekeeping is always great when it comes to recipes so I'll be specific to this book in particular. Other than being a microwave cookbook which is rare and wonderful, this book has a lot of pictures,

something many cookbooks don't have nowadays. For that alone, it is better than most. When you add in that the food actually turns out as promised and tastes good, it is all the better. Good luck in making your choice.

The recipes were developed for the older 600W-700W microwaves so I just play with the percentages on my microwave and the recommended time. My microwave is 1250W so if I bake at 60% or 70% the recipes work. They are good tried and true recipes with step by step how-to directions and pictures. Also menu ideas for special occasions. I am enjoying it. Good buy.

This book is amazing. The simple of uses are over the top. The pictures and the details go on and on. I never knew you could make everything in a microwave. This is the best cook book I have ever had. I can even use it as a regular cook book if I want to. The weight and quality of this book just alone is worth it. It is an easy read but a hard one to stop. I expected just a small regular quick print but I was shocked. Every page is glossy and so detailed and big. It was for a gift but not now. I will be keeping this forever. It's that good! The price does not reflect this book at all. It is really is a high top quality cookbook. I can now make anything in a microwave, not just popcorn or reheating something. I had no idea that one third could even be done in a microwave. Good housekeeping I thought was just a magazine and that was pretty much what I was expecting. Boy was I wrong big time! Some of the recipes that I love I can't even find in a restaurant. I am going to try each one at a time. It is from morning to night and deserts to top it off. The uses are unlimited. Don't wait because when they realize how much this could be worth then this price is going way up. We all need this. Get it now, I'm not kidding you. Single or not it doesn't matter because it's fool proof. With all of the pictures you can't mess it up. And I can mess up everything but not anymore! As you can see I can't stop raving about it. I can't wait to show everyone I know. and where to find it. Nice job Good House Keeping.

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