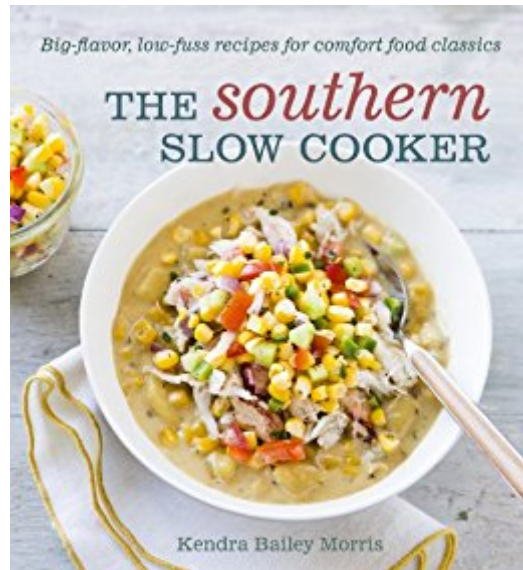


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The Southern Slow Cooker: Big-Flavor, Low-Fuss Recipes For Comfort Food Classics



Synopsis

A collection of 60 soulful, comforting, and wonderfully convenient recipes for Southern favorites--from Black Eyed Peas with Stewed Tomatoes to Country-Style Pork Ribs to Molasses Gingerbread. Cooking delicious, soul-warming Southern food that the whole family will love has never been easier! Whether it's a big pot of black-eyed peas, fall-apart tender pulled pork, or creamy apple butter, the greatest Southern dishes have one thing in common: they taste best when they're cooked low and slow. With more than sixty recipes for down-home favorites, ranging from Chicken and Cornmeal Dumplings to Buffalo Stout Beer Chili to Brown Beans and Fatback, The Southern Slow Cooker is packed with real Southern flavor. Author Kendra Bailey Morris presents regional classics from all over the South: church potlucks, Cajun and Creole traditions in the bayou, even her West Virginia granny's old recipe book. Morris carefully tested and adapted each recipe for the home kitchen, and the result is a treasure for busy home cooks everywhere. With hardly any active cooking time and featuring affordable ingredients, every dish is simple, convenient, and downright delicious. Start the slow cooker before work and come home to the mouthwatering aroma of Country-Style Pork Ribs. Or, prep the cooker on Sunday morning and have Breakfast Apples or a Sausage and Tater Tot Casserole ready by brunchtime. Since no Southern meal is complete without a sweet treat at the end, there are even slow cooker desserts, like Molasses Gingerbread, Lemon Blueberry Buckle, and Chocolate and Caramel Black Walnut Candies. All of these satisfying, flavor-packed, and wonderfully simple recipes allow you to make the food you love in the time you have available and will have you and your family begging for seconds.

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Customer Reviews

Let's start out by saying that I have met Ms. Kendra Bailey Morris in person, and she's just as gorgeous as the photo in the book. And she's a very nice person, too, which is a very good thing. That said, let's also say that I made THREE recipes from this cookbook before I wrote this review. I even tasted the out-of-this-world-give-me-more cover recipe of Blue Corn and Crab Chowder with Sweet Corn Relish that was served at her book signing in Washington, DC. Unlike some reviewers who haven't even tried to make a recipe from the book and then give an unfair bad review of the book, I wanted to give a very fair review having followed the instructions given in at least three recipes -- and tasted the output! You won't know if you like a recipe until you actually try it. So often, slow cooker recipes end up tasting like some ingredients were just thrown together and cooked for 8 hours with no flavor at all. Kendra's recipes recommend a few additional steps or ingredients that add tons of flavor. Browning meat only makes sense. Stop fussing and just do it. So, you have an extra pot or some utensils to clean up. Your family will thank you for adding that special touch that only Southern cooks know. Your grandma would have done it! Why can't you? Kendra offers either beverage recipes or suggestions to serve with most of her dishes. It's a nice touch that also gives the home cook an opportunity to try complimentary beverages that might not be on their "the usual" list. For these recipes, I pulled out my old avocado green slow cooker "crock pot" that was manufactured in the 1970s. It has three settings. High, Low and Off. I think that "high" may have been higher than today's slow cookers, and "low" was definitely lower.

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