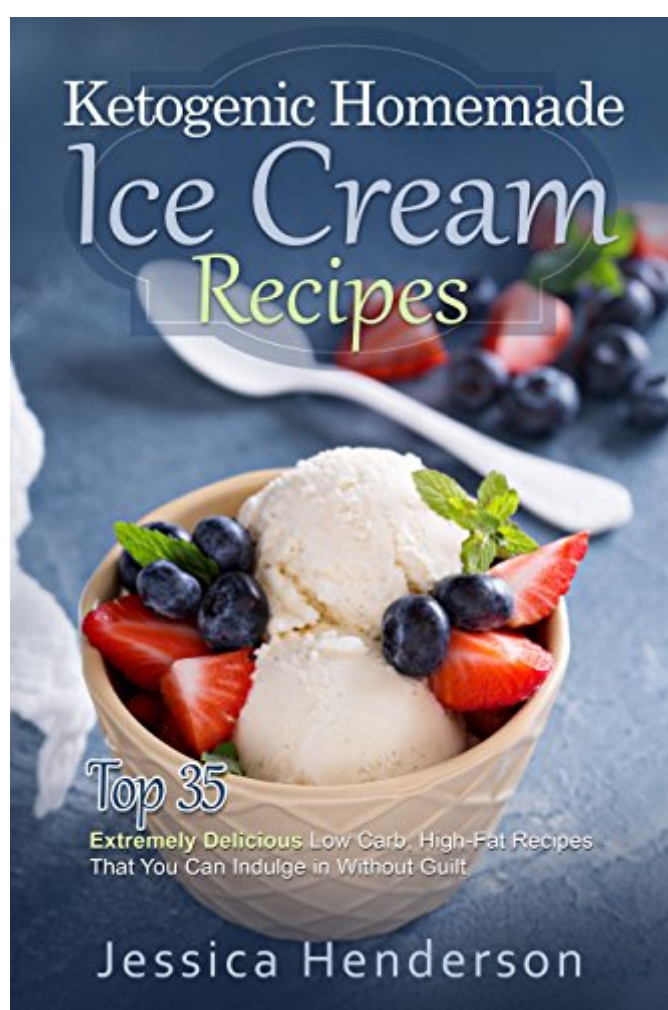


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# Ketogenic Homemade Ice Cream Recipes: Top 35 Extremely Delicious Low Carb, High Fat Recipes That You Can Indulge In Without Guilt (Ketogenic Diet Recipes)



## Synopsis

Eat Healthier, live disease free and loose Weight With The Ketogenic Homemade Ice Cream Recipes Without Any Guilt!!. The Ketogenic Diet allows you to controlled levels of fats and proteins, cutting down on your carbs â “ your body will burn the fats to help you lose pounds and instead of glucose, the ketones in your blood will give you the energy you need to keep going! Here Is A Preview Of What Youâ™ll get in this amazing book: Butter Delight Toffee Flavored Ice Cream. Triple Berry Magnificent Ice Cream. Yogurt Ice Cream with Fantastic Matcha Flavor. Magical Coffee Ice Cream Bars with Almond Crust. Cheesy Yogurt Ice Cream with Mango Pulp. Peach Fantasy Buttery Ice Cream. Buttery Coffee Ice Cream. Hidden Mango Delight Inside Super Chocolate. Much, much more! Grab Your Copy Of Eat Fat Get Thin Today! Just Scroll Up And Click The "Buy Now With 1-Click" And Start Benefiting From Rapid Weight Loss Right Away!!

## Book Information

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## Customer Reviews

This book is printed beautifully and is full of drool worthy recipes. There's definitely something in there that will appeal to any ice cream lover, but I wasn't a fan of how things were organized. I also would have liked if there were some no-churn recipes or other alternative methods or substitutions

rather than it being more or less the same thing for each recipe, aside from swapping one fruit for another. I received this product at a discounted rate in exchange for my honest and unbiased review.

This book is amazing! I really do love ice cream and this book shared some homemade ice cream recipe which is low carb and taste yummy. It is a good book for we can make ice cream even without an ice cream maker. The book provides a nice presentation which will attract every reader and has a clear instruction to follow. This book deserves a five star and I highly recommend it!

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I have always wanted to make an ice-cream of my own and eat it while watching movies with friends and loved ones. If you are planning to go on a diet and would not want to stop eating ice-cream then you are reading the right kind of recipe book. The combination of ketogenic diet and ice-cream is such an amazing experiment well thought about.

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