

The book was found

The Happy Cook: 125 Recipes For Eating Every Day Like It's The Weekend



Synopsis

The bestselling author and Emmy Award-winning cohost of ABC's *The Chew* takes the intimidation out of cooking and shows you how to savor life fully every day with this gorgeous cookbook featuring more than 125 easy, healthy, and delicious timesaving recipes. For many people, especially those who aren't quite at home in the kitchen, the idea of cooking a homemade meal can be terrifying, uninspiring, or just feel like a chore. In *The Happy Cook*, Daphne Oz makes cooking fun and relaxing, and shows anyone—newbie or seasoned expert—how to celebrate every day with delicious meals that are as easy to create as they are to enjoy. Like cooking with a good friend and a glass of wine, *The Happy Cook* is filled with friendly advice, expert tips, inspiring ideas, and best of all, 125 simple yet fabulous recipes, all using just a handful of ingredients, that will transform the most nervous or reluctant novice into a happy, confident home cook. Here are recipes for the whole day and the whole week, from Saturday dinner parties to quick-and-easy weeknight leftovers. With *The Happy Cook*, eating well is a breeze with delights such as: Breakfast—Crispy-Crunchy Honey-Thyme Granola, Chocolate Almond Breakfast Bars, and Coconut-Mango Pancakes; Lunch—Kale and Plum Salad with Miso Vinaigrette, Warm Spring Pea Soup, Seared Garlic-Lime Shrimp Banh Mi and Philly Cheesesteak Quesadillas; Dinner—Truffle Salt Roast Chicken with Lentils and Squash, Cashew Soba Noodles with Fried Shallots, Sea Bass Roasted Over Citrus, and Apricot-Rosemary Glazed Lamb Chops; Dessert—"Outlaw" Carrot Cake with Brown Sugar Buttercream, Better Brownies, Sour Apple Juice Pops, and Nutty Banana "Ice Cream." *The Happy Cook* is all about real-life application and real-life success. Celebrate every occasion and every meal with mouthwatering, vibrant, easy food. It's not about perfection, as Daphne makes clear. It's about the confidence to get into the kitchen, have fun, and become a happy cook!

Book Information

Hardcover: 336 pages

Publisher: William Morrow Cookbooks (September 20, 2016)

Language: English

ISBN-10: 0062426907

ISBN-13: 978-0062426901

Product Dimensions: 8 x 1.1 x 10 inches

Shipping Weight: 2.7 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #387 in Books (See Top 100 in Books) #7 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy #16 in Books > Cookbooks, Food & Wine > Special Diet

Customer Reviews

For those who love The Chew and Daphne, this book is a great addition to your cooking library. The recipes are straightforward with plenty of pictures, and as always, written in a fun and entertaining manner to enjoy. Daphne always does a nice job of writing books based on personal experiences in her life. This book reflects that, with kids around, she is trying recipes that feel like you are out at the restaurant but while still at home. The recipes are not extreme (it does not cut out all of the sugar, oils, salt and butter) and not intimidating: simply, they look fun to try and will result in satisfying dishes. In all, this is a great book for any Chew fan, and a super addition to your cooking library

I remember Daphne from her 'The Dorm Room Diet' books which brought so much food sense to a huge group struggling with many aspects of life and needing help on nutrition. The amazing and positive influence both her parents had on her is now something we also benefit from, twinned with Daphne's passion with food. This book is full of excellent recipes to turn to along with clear colourful mouthwatering photos, as we eat with our eyes. Well done; Daphne literally loves food and her enthusiasm is contagious. <https://amzn.com/B01FEDVCKE>

[Download to continue reading...](#)

The Happy Cook: 125 Recipes for Eating Every Day Like It's the Weekend Clean Eating: 365 Days of Clean Eating Recipes (Clean Eating, Clean Eating Cookbook, Clean Eating Recipes, Clean Eating Diet, Healthy Recipes, For Living Wellness and Weigh loss, Eat Clean Diet Book The Weekend Gamblers Guide to Baccarat: Tips, hints and strategies for the Weekend Gambler on how to maximize your winnings and minimize your losses at Baccarat. (The Weekend Gamblers Guides Book 6) Clean Eating: Clean Eating Diet: The 7-Day Plan for Weight Loss & Delicious Recipes for Clean Eating Diet (Clean Eating, Weight Loss, Healthy Diet, Healthy ... Paleo Diet, Lose Weight Fast, Flat Belly) Everyday Recipes Box Set (6 in 1): Over 100 Recipes for Breakfast, Lunch, and Dinner to Try Every Day (Every Day Recipes & Dump Dinner) ACT LIKE A LADY, THINK LIKE A MAN: By Steve Harvey: Act Like a Lady, Think Like a Man: What Men Really Think About Love, Relationships, Intimacy, and Commitment [Hardcover] 1st Edition 21 DAY FIX: 30 Top 21 DAY FIX RECIPES with complete container count PREP IN 15 MIN OR LESS (21 day fix recipes, 21 day fix cookbook, 21 day fix book) The Complete Cook's Country TV Show Cookbook Season 8: Every

Recipe, Every Ingredient Testing, Every Equipment Rating from the Hit TV Show The Weekend Crafter: Basketry: 17 Great Weekend Projects Taylor's Weekend Gardening Guide to Cold Climate Gardening: How to Select and Grow the Best Vegetables and Ornamental Plants for the North (Taylor's Weekend Gardening Guides (Houghton Mifflin)) Taylor's Weekend Gardening Guide to Soil and Composting: The Complete Guide to Building Healthy, Fertile Soil (Taylor's Weekend Gardening Guides (Houghton Mifflin)) Learn Windsurfing in a Weekend (Learn in a Weekend Series) Learn Squash and Racquetball in a Weekend (Learn in a Weekend Series) VEGAN: Your Body, Your Friend: The Answer to Permanently Becoming Slim, Healthy, and Happy (Clean Eating, Cure Eating Disorders, incl. Vegan Recipes) (Vegan ... & Healing Based on Scientific Research) Mediterranean Diet for Weight Loss: Eat Like a Spartan: Leverage Mediterranean Diet To Achieve Spartan-Like Health, Lose Weight, Get Fit, All While Eating ... (Mediterranean diet, Mediterranean recipes) Clean Eating: Fire up Your Weight Loss and Energy with Amazingly Delicious Clean Eating Recipes (Clean Eating Cookbook) Every Day Is Game Day: Train Like the Pros With a No-Holds-Barred Exercise and Nutrition Plan for Peak Performance Paleo: Paleo For Beginners, Clean Eating, Weight Loss & Autoimmune Healing Solutions Includes 10 Day Paleo Diet Plan & 41 Amazing Paleo Fat Burning Recipes ... lifestyle change, clean eating) Whole Food: The 30 day Healthy Eating Challenge (The Healthy Whole Foods Eating Challenge - 35 Approved Recipes for Rapid Weight Loss) Belly Fat: Blowout Belly Fat Clean Eating Guide to Lose Belly Fat Fast No Diet Healthy Eating (Eating Clean, Healthy Living, Gluten, Wheat Free, Low Fat, Grain Free Diet, Detox) (Live Fit Book 1)

[Dmca](#)