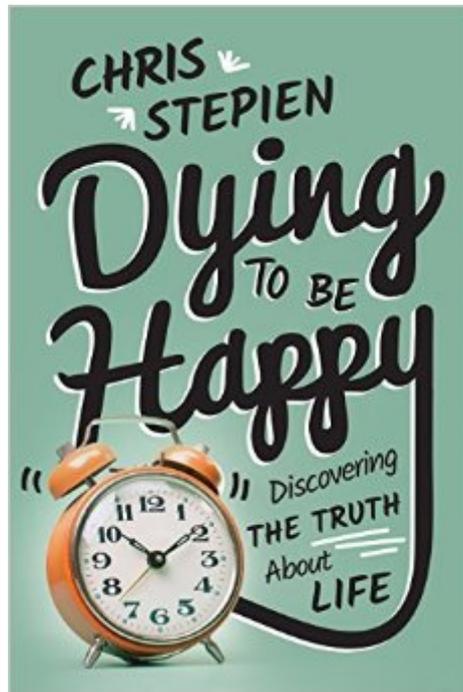


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# Dying To Be Happy: Discovering The Truth About Life



## Synopsis

A few days before Thanksgiving 2014, author Chris Stepien found himself in an oncologist's office. But he wasn't the patient. Stepien's wife, Ellen, was just beginning her battle with aggressive breast cancer. That day, while listening to the oncologist's treatment strategy, Stepien began writing *Dying to Be Happy: Discovering the Truth About Life*. In the pages of this book, a brush with a life-threatening disease sparks a frank discussion on mortality. The author explores the prospects of embracing death on a daily basis versus denying it. He encourages readers to follow the advice of Jesus Christ: always be ready for the end of life. Along the way, Stepien highlights a spectrum of short, true stories where people rise above the fear of death, including the harrowing account of a child who survived the Holocaust -- Stepien's own mother. But *Dying to Be Happy* is more than an anthology of grim tales and close calls. It beckons readers to admit the inescapability of death in order to find true joy in this life and the next.

## Book Information

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## Customer Reviews

A no-holds barred summation of the central teaching of Jesus Christ. This book lays out in no uncertain terms the requirement to love and serve your neighbor by meeting their material, emotional, and spiritual needs. A well-written and easy read that states the core values of Christianity and backs everything with scriptural verse. I highly recommend this for readers young and old. It will stay with you long after you've finished reading.

*Dying To Be Happy* is written from a Catholic perspective, but it has a

• (lowercase c) appeal. And it carries an urgent message for everyone, believers and nonbelievers alike. As a matter of fact, especially for nonbelievers. We live in a society where we keep ourselves, our homes, our lawns, our children and our pets obsessively groomed. But what about our souls? Not a single one of us knows how much time we have on earth and then, believers and nonbelievers alike, we will meet our Maker. He won't be interested in our clothes or our manicures. He will look into our hearts, into our souls, and He will see all. Will we like what He sees? The author richly weaves this message into a tapestry of personal experiences and encounters that underscore how important it is for us to understand. Everyone should read this book, then put it on the shelf and re-read it. Its message is one we cannot afford to deflect, minimize or forget. Dying To Be Happy may well put you on your knees and the road to a happy life ever after.

I love this book and I'm going to recommend to many people, including my book study. Chris is a witty and eloquent writer. You would think this would be a heavy topic but instead, I was inspired and uplifted--just the thing we ALL need. Everyone is going to face death one day, so rather than deny the reality, this book helps to integrate our worldly existence with the spiritual so we can stop fearing death.

"Dying To Be Happy" is a great read. Full of inspiring and thought provoking insights, and despite the subject matter, definitely not a depressing or sad book. Quite the opposite, it is joyful and relatable. Love the stories and the tone.

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